

# 21st Century Retail: work-life balance and your business

Further support, advice and guidance

## Advisory, Conciliation and Arbitration Service (Acas)

Acas is the employment relations service for England, Scotland and Wales offering practical, independent and impartial advice to employers, employees and their representatives. Acas encourages people to work together effectively, and aims to promote good practice in the workplace as well as helping to resolve disputes.

[www.acas.org.uk](http://www.acas.org.uk)

Helpline 08457 47 47 47

## Business Link

This web site provides practical on-line advice to businesses. Enter 'work life balance' into their search bar to take a test which will let you see how your business compares in achieving a healthy work-life balance.

[www.businesslink.gov.uk](http://www.businesslink.gov.uk)

Helpline 0845 6009006

## Chartered Institute of Personnel and Development (CIPD)

The CIPD is the professional body for those involved in the management and development of people. It offers practical advice, guidance and tools on a variety of areas, including work-life balance.

[www.cipd.co.uk](http://www.cipd.co.uk)

## Employers for Work-Life Balance

Their aim is to share best practice and demonstrate to large and small employers how work-life policies can be introduced on a practical basis.

[www.employersforwork-lifebalance.org.uk](http://www.employersforwork-lifebalance.org.uk)

020 7004 7200



## Investors in People work-life balance model

This model offers organisations a practical way to help them manage work-life balance issues and find suitable solutions for their particular business. The model claims to be both practical and realistic and takes into account organisational culture and business needs. Businesses are required to pass an assessment by an external verifier and successful businesses are able to promote their recognition by using the work-life balance model logo on their organisations' publicity and paperwork. Their website answers some frequently asked questions about work-life balance.

[www.iipuk.co.uk](http://www.iipuk.co.uk)

## Trade Unions

Trade unions will work with employers to investigate and implement suitable work-life balance solutions in the workplace.

[www.gmb.org.uk](http://www.gmb.org.uk) **GMB Union: Britain's general union**

[www.amicustheunion.org.uk](http://www.amicustheunion.org.uk) **Amicus the union**

[www.usdaw.org.uk](http://www.usdaw.org.uk) **The Union of Shop, Distributive and Allied Workers**

Please note that these are trade unions who participated in our research and other trade unions exist that will work with businesses on work-life balance issues.

## Working Families

Working Families is an organisation that offers support to working parents and carers and also helps employers to create a working environment that encourages work-life balance for all. Its website includes an employer's zone, which gives examples of best practice, research and case studies and advises employers of conferences and seminars.

[www.workingfamilies.org.uk](http://www.workingfamilies.org.uk)

**Helpline 020 7253 7243**

If you have any questions or queries about the study, you can contact

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